



ENABLE EXERCISE #22

You are What You Believe.....

Some thoughts to help all of us to successfully continue with our goal implementations:

- Believe** that most “breaks” and “luck” in life happen at the intersection of preparation and opportunity...
- Believe** in the good of people (belief in God is optional)...
- Believe** that we all need things in life that we don’t want and want things in life we don’t need...
- Believe** that things wind up being the very best for those who make the very best of how things wind up...
- Believe** that most “breaks” and “luck” in life occur at the intersection of preparation and opportunity...
- Believe** that few things in life are as bad as we anticipate they will be or as good as we count on them to be...
- Believe** that we should always strive to feel, rather than, to feel good...
- Believe** that if at first you don’t succeed—you pretty much are about average...
- Believe** that some people dream of success and others work hard to make it happen...
- Believe** that the two most difficult things in life to handle are success and failure...
- Believe** that all families are a bit like brownies—mostly sweet with a few nuts thrown in...
- Believe** that when life tests us; it’s always best to turn to family and friends...
- Believe** and cherish the moment you are in as yesterday has died and tomorrow has not yet arrived...
- Believe** that forgiveness is the fertilizer to enhancing personal relations...
- Believe** that giving gratitude for what you have is the true secret of happiness...
- Believe** that the best vitamin to be a compassionate person is B1...
- Believe** that jumping for joy is really good exercise ...
- Believe** that you can’t get what you want from others in life if you don’t risk to ask for it...
- Believe** that the simplest act of kindness can make a big difference...
- Believe** that “richness” is measured not by how much money we have but how much others love us...
- Believe** that life fulfillment comes from doing what you have the greatest passion for and what you most believe in ...
- Believe** that the three words, “I am sorry” can almost always mend and improve relationships with others...
- Believe** that the only real power people have over us is what we give them...