

ENLIGHTEN EXERCISE #23

Deploying My Signature Strengths

Seeing ourselves accurately is a key to both career and personal success. How do others perceive your signature strengths, both at work and away from the job?

1. List your signature strengths as you see them in the space below:

2. Describe the signature strengths that others see in you in the space below:

3. How might the overuse of your signature strengths be experienced by others?

4. How might you utilize and deploy more of your signature strengths at work?

5. How might you utilize and deploy more of your signature strengths at home?