



ENLIGHTEN EXERCISE #4

My Success Scorecard

This scorecard is a way to look at personal and life success from a more balanced perspective. These four areas form the basic structure of what people try to gain through the pursuit and enjoyment of success. What actions will you take to maximize each of the four below?

<p>Happiness: Feelings of pleasure and positive emotions and the absence of negative emotionality and acceptance of current work and life situations.</p>	<p>Achievement: Identifying and deploying signature strengths and a sense of meaningful accomplishment at work and life activities.</p>
<p>Relationships: Maximizing positive social exchanges with meaningful others in your life and giving back to community, family, and others.</p>	<p>Legacy and Meaning: Defining your personal mission, values, and meaning in life.</p>