



COACHING EXERCISE #10

Executive Coach Evaluation

Name of the Coach:

Date:

Please answer each question to help us to evaluate the coaching program you recently participated in.

How satisfied are you with the coaching engagement? 1 = Very Satisfied, 3 = Somewhat Satisfied, and 5 = Very Unsatisfied.	1	2	3	4	5
What were your impressions of coaching <u>before</u> you began? 1 = Very positive, 3 = Neither Positive nor Negative, and 5 = Very Negative	1	2	3	4	5
What were your impressions of coaching <u>after</u> you are now done? 1 = Very positive, 3 = Neither Positive nor Negative, and 5 = Very Negative	1	2	3	4	5
Would you recommend your coach to others? 1 = Very likely, 3 = Somewhat Likely, and 5 = Not Very Likely	1	2	3	4	5
I would rate the interpersonal skills of my coach to be: 1 =Very High, 3 = Moderate, 5 = Very Low	1	2	3	4	5
I would rate the communication skills of my coach to be: 1 =Very High, 3 = Moderate, 5 = Very Low	1	2	3	4	5
How knowledgeable was your coach? 1 = Very knowledgeable, 3 = Somewhat Knowledgeable, 5= Not Very Knowledgeable	1	2	3	4	5
To what extent did your coach provide valuable and useful resources, exercises and developmental materials to support your coaching program? 1 = Very high extent, 3 = Moderate Extent, 5 = Very Low Extent	1	2	3	4	5
How would you describe how much you trusted your coach to maintain confidentiality and represent your best interests? 1 = Very trusting, 2 = Somewhat Trusting, 5 = Not Very Trusting	1	2	3	4	5
How would you rate the overall value of any assessments (e.g., 360-degree feedback, personality inventory) used in my coaching program? 1 = Very Valuable, 3 = Somewhat Valuable, 5 = Not Very Valuable	1	2	3	4	5
As a result of my coaching, I would rate the increase in my self-insight, self-awareness and self-knowledge to be: 1 =Very High, 3 = Moderate, 5 = Very Low	1	2	3	4	5

As a result of my coaching, I would rate the increase in my overall self-confidence to be: 1 =Very High, 3 = Moderate, 5 = Very Low	1	2	3	4	5
As a result of my coaching, I would rate the increase in my skills and abilities to be: 1 =Very High, 3 = Moderate, 5 = Very Low	1	2	3	4	5
As a result of my coaching, I was able to successfully realize the goals I initially contracted with to become more successful on the job. 1 =Very Successful, 3 = Somewhat Successful, 5 = Very Successful	1	2	3	4	5
As a result of my coaching, Overall, I am now more successful on my job. 1 =Very Successful, 3 = Somewhat Successful, 5 = Very Successful	1	2	3	4	5
Based on this engagement, are you open to working with a coach again in the future? 1 = Very Willing, 3 = Somewhat Willing, 5 = Very Willing	1	2	3	4	5

Please comment on what was most helpful about the coaching engagement:

Please comment on what was least helpful about the coaching engagement: