

COACHING EXERCISE #13

Sample Executive Coaching Interview

Person	Interviewed:
Date:	
Positio	n:
1.	Briefly describe the responsibilities of your current position.
2.	Briefly describe your work and educational history.
3.	How would you describe your interpersonal style? How would others describe it?

4.	How would you descr	ribe your management	/leadership style? Ho	w would others describe it?
5.	What are your self-pe	erceived assets or stre	ngths you bring to you Communication	r present position? Administrative
6.	What areas do you n	eed to further develop	personally/professiona	ally?
7.	Describe a specific in Situation	icident in which you we	ere very effective or su Behavior	ccessful: Result

8.	Describe a specific incident in which you were not very effective or successful:			
	Situation	Behavior	Result	
9.	All jobs have stresses. Can you describe thow you have coped with them?	ypical situations that cause sti	ress for you at work and	
10.	What motivates you most on the job? What	at kind of rewards would you p	refer?	
11.	What are your career/life plans for the future	re?		
12.	What do you do for leisure and hobbies?			

13.	What has been your greatest achievement or what you are most proud of in your job/career to date?
14.	How would you like to be perceived by others within your current organization?
15.	What professional and career development activities are you most committed to and interested in pursuing as part of an Executive Development plan?
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